

Alcohol intoxication

Hokesen Letter No 186

When you consume alcohol in regular basis, alcohol is a way for people to get away from and forget some kinds of problems. But attention is necessary for the following things. Acute alcohol intoxication is a condition associated with drinking too much alcohol in a short time. It's also called alcohol poisoning. Alcohol intoxication is serious. The six stages of alcohol intoxication and their symptoms include the following:

- 1. Euphoria** If a person has generally consumed small amount of drinks, they'll enter the euphoric stage of intoxication. Some symptoms include: an increase in chattiness and confidence. A person's blood alcohol content(BAC) at this stage might range from 0.03 to 0.12 percent.
- 2. Excitement** At this stage, a man might have consumed three to five drinks in an hour. At this time, a person will begin to experience emotional instability and a significant loss of coordination. Other symptoms include: a loss of judgment and memory, vision problems, loss of balance and drowsiness. A person will appear visibly "drunk" at this stage. They'll have a BAC of 0.09 to 0.25 percent.
- 3. Confusion** If a man consumes more than five drinks, they'll enter the next stage of intoxication: confusion.
- 4. Stupor** At this stage, a person no longer responds to the things happening around or to them. A person won't be able to stand or walk. This stage can be very dangerous and even fatal if a person chokes on their vomit or becomes critically injured. At this stage, a person's BAC will range from 0.25 to 0.4 percent.
- 5. Coma** This stage is extremely dangerous. Their body temperature drops. Their BAC will measure in at 0.35 to 0.45 percent. Emergency medical attention is necessary at this point to avoid death and severe health problems.
- 6. Death** At a BAC of 0.45 percent or above, a person is likely to die from alcohol intoxication. It may seem like a person has to drink a lot to get to this stage. But if a person drinks very quickly, they can get to this stage before long.

Please call for help as soon as you discovered the person who is in a seriously sick state with alcohol.

